

Concepts of Industrial Hygiene
Exposure / PPE / Warnings
Applied to COVID-19 & Masks

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September 4, 2021

Stephen E. Petty, P.E., C.I.H., C.S.P. - EES Group, Inc.



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BACKGROUND



- President and Owner of EES Group, Inc. (Forensic Engineering Company – Since 1996 – 25 years)
- Section Manager and Sr.
 Research Engineer, Columbia
 Gas (10 years)
- Sr. Research Engineer, Battelle (10 years).

PETTY QUALIFICATIONS

Education: B.S. Ch. E., M.S. Ch. E. (honors at both levels) and M.B.A. (1st in Class)

Sr. Research Scientist - Battelle

Sr. Research Engineer/Section Manager - R&D – Columbia Gas

President, EES Group – Engineering EHS Company, Columbus, OH. – 100s of projects

CIH (National Certification), C.S.P. & Professional Engineer (OH, FL, PA, WV, KY, and TX)

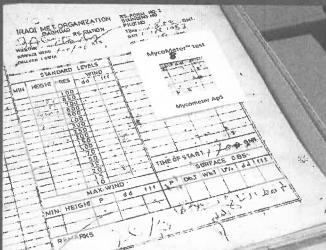
National Exposure/PPE Expert (e.g., Monsanto Roundup, DuPont C-8); ~400 Cases

Selected to determine general causation outside of litigation on dozens of projects (e.g., Iraqi Docs – Allegany Ballistics Lab – Columbus Blue Jackets; Prof. Hockey locker room – Columbus College of Art & Design, CMH Airport RA)

Adjunct Professor – Franklin University (Teach Environmental and Earth Sciences)

Nine U.S. Patents – mostly wrt Heat Pumps.





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PETTY QUALIFICATIONS

- Memberships:
 - American Industrial Hygiene Association (AIHA)
 - American Board of Industrial Hygiene (ABIH)
 - American Conference of Governmental Ind. Hygienists (ACGIH)
 - American Institute of Chemical Engineers (AIChE)
 - American Society of Refrigeration, Air Conditioning and Refrigeration Engineers (ASHRAE); Member ASHRAE 40 Std. and TC 8.3
 - American IAQ Council
 - Sigma Xi.

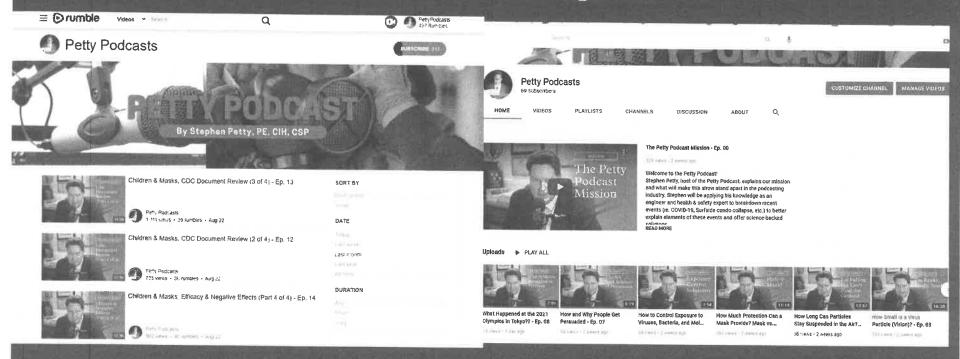






PETTY PODCASTS

All this information detailed in Video Petty Podcasts Podcasts #2 through #6:



In Google you should find us at Rumble & YouTube - the links are:

https://rumble.com/c/PettyPodcasts - not censored - see #5-6 and #11-14

https://www.youtube.com/channel/UCwPHqgMiWwjpqd5dA-Og_Ag_-censored!

SCHOOL DISTRICT SUPPORT

Oakstone Academy (Special Needs School) – Westerville, OH – Dr. Becky Morrison – Two Podcasts – No Masks / Engineering Controls – Implemented August 2020:



Dr Becky and Stephen Petty Pt 1

YouTube · Dr Douglas G Frank Mar 22, 2021

3 key moments in this video



Dr Becky and Stephen Petty Pt 2

YouTube · Dr Douglas G Frank Mar 22, 2021

Part 1 Video Link (Dr. Morrision): https://rumble.com/vkhlrn-dr-becky-oakstone-academy-and...

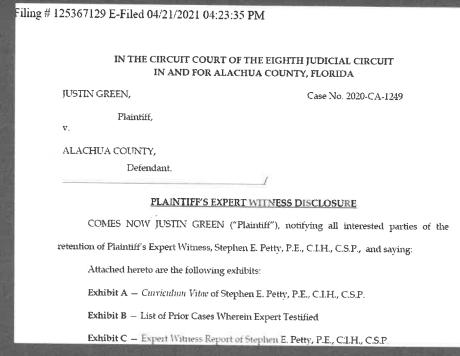
Part 2 Video Link (Stephen Petty): https://youtu.be/oYEo4T6V25w

School and Students Doing Well without Masks for 2020-2021 School Year

LITIGATION SUPPORT

 Boone County, Kentucky – Testified on May 17, 2021 against the Governor's Mask Mandate





- 2. Alchua County, FL County Mask Mandate Named Expert On Hold 4/21/2021
- 3. Polk County Public Schools, FL Filed Affidavit Against Masks and for Engineering Controls– 6/1/21

DEFINITION OF INDUSTRIAL HYGIENE (AIHA)

"That science and art devoted to the <u>anticipation</u>, <u>recognition</u>, <u>evaluation</u>, <u>and control</u> of those environmental factors or stressors arising in or from the workplace, which may cause sickness, impaired health and well-being, or significant discomfort among workers or among the citizens of the community."

Key Tenants of the Field of Industrial Hygiene (to stop or limit exposures):

- 1. Anticipation
- 2. Recognition
- 3. Evaluation
- 4. Control.

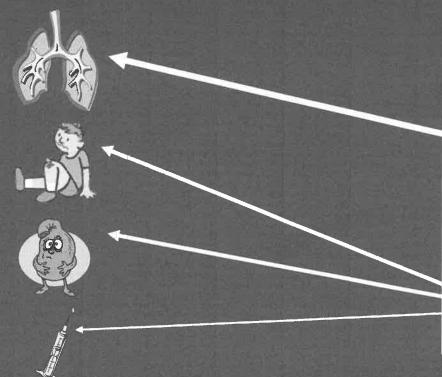
INDUSTRIAL HYGIENE (IH)

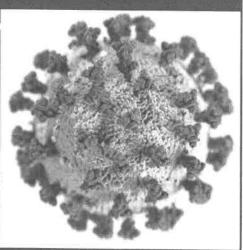
- Field Associated with Exposure, PPE, and Warnings
- Not Recognized by Much of the Public, Media, & Governmental Officials Thus Media often rely on M.D.s Instead for Information on Controlling Exposures
- Not Associated with Dentistry!

EXPOSURE ROUTES

Exposure, in General, Can Occur from One of Four Primary Pathways – For COVID it is the Inhalation Path:

- > Inhalation
- Dermal
- Ingestion
- Intravenous.





EXPOSURE

Exposure is a function of 2 main parameters:

1. Concentrations – lower is better.

2. Time(s) – less time better.

Distance – further away from source is better - sometimes.

IH HIERARCHY OF CONTROLS – To Minimize Exposure(s)

Most Effective

Substitution / Elimination (N/A to COVID)

Engineering Controls
(Dilution / Destruction / Containment)

Administrative Controls (Limit Times in Exposure Area)

PPE (e.g., respirators) \ (not Masks) /

Least Effective

Masks

SO WHERE ARE THE BOUDARIES?

Not PPE – Cannot be Sealed





PPE – Can be Sealed



N-95



Half Face Respirator

Masks are <u>not</u> Respirators: Terms often Conflated

Masks vs PPE - What Does OSHA Say?

OSHA Confuses the Public – Says Wear Masks on Pg. 1 but on Pg. 6 says they are not protective.....

Additional Considerations for PPE

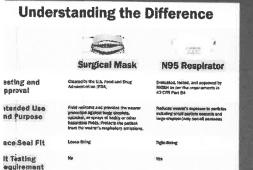
Interim guidance for specific types of workers and employers includes recommended PPE ensembles for various types of activities that workers may perform. In general:

- PPE may be needed when engineering and administrative controls are insufficient to protect workers from exposure to SARS-CoV-2 or other workplace hazards and essential work operations must continue.
- If workers need respirators, they must be used in the context of a comprehensive respiratory protection program that meets the requirements of OSHA's Respiratory Protection standard (29 CFR 1910.134) and includes medical exams, fit testing, and training.
 - Surgical masks are not respirators and do not provide the same level of protection to workers as properly-fitted respirators. Cloth face coverings are also not acceptable substitutes for respirators.

: - Terms often Conflated – Leak around edges and cannot be fit tested. CDC says the same!

Masks vs PPE - CDC Says the Same Thing

CDC Also Confuses the Public – Says Wear Masks but says...



MASK

vs RESPIRATOR

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Does NOT provide the wearer with a reliable level of protection from inhaling smaller airborne particles and is not considered respiratory protection

Filters out at least 95% of airborne particles including large and small particles

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ser Seal Charle

Leakage occurs around the edge of the mask when user inhales

When properly fitted and donned, minimal leakage occurs around edges of the respirator when user inhales

Wasks Not Good for Fire Smoke Particles but OK for Small COVID-19 Particles

Cloth masks will <u>not</u> protect you from wildfire smoke.

Cloth masks that are used to slow the spread of COVID-19 by blocking respiratory droplets offer little protection against wildfire smoke. They might not catch small, harmful particles in smoke that can harm your health.

N95 and KN95 respirators can provide protection from wildfire smoke and from getting and spreading COVID-19. CDC does not recommend the use of N95 respirators in non-healthcare settings because N95 respirators should be reserved for health care workers. KN95 respirators are commonly made in China and are similar to N95 masks commonly used in the United States. Look for KN95 masks that meet requirements similar to those set by CDC's National Institute for Occupational Safety and Health (NIOSH) for respirators.

Particles from smoke tend to be very small, with a size range near the wavelength of visible light (0.4-0.7 micrometers) – Cloth masks won't work.

But COVID-19 Particles are ~0.1 microns (micrometers) – smaller sized particles but will work.

WHAT – Does this make any sense?

https://www.cdc.gov/disasters/covid-19/wildfire_smoke_covid-19.html & https://www.airnow.gov/sites/default/files/2021-05/wildfire-smoke-guide-revised-2019-chapters-1-3.pdf - downloaded 8/14/2021

CLOTH MASKS NOT EFFECTIVE BUT STILL USE THEM

Effectiveness of Cloth Masks for Protection Against Severe Acute Respiratory Syndrome Coronavirus 2 by Abrar A. Chughtai, Holly Seale, and C. Raina Macintyre, 2020 – Published by CDC)

States: "In 2015, we conducted a randomized controlled trial to compare the efficacy of cloth masks with that of medical masks and controls (standard practice) among healthcare workers in Vietnam (4). <u>Rates of infection were consistently higher among those in the cloth mask group</u> than in the medical mask and control groups. <u>This finding suggests that risk for infection was higher for those wearing cloth masks.</u>"

Yet, they say use mask because: "The primary transmission routes for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) are thought to be inhalation of respiratory droplets and close contact."

NO, Not Surfaces or Droplets, but Aerosols!

Some Very New Analyses Regarding Masks

RECALL IM MIERARCHY OF CONTROLS – To Minimize Exposure(s)

Most Effective

Substitution / Elimination (N/A to COVID)

Engineering Controls
(Dilution / Destruction / Containment)

Administrative Controls (Limit Times in Exposure Area)

PPE (e.g., respirators) (not Masks) /

Least Effective

Masks

AIHA GUIDANCE DOCUMENT American Industrial Hygiene Association (AIHA)



HEALTHIER WORKPLACES | A HEALTHIER WORLD

Reducing the Risk of COVID-19 Using Engineering Controls

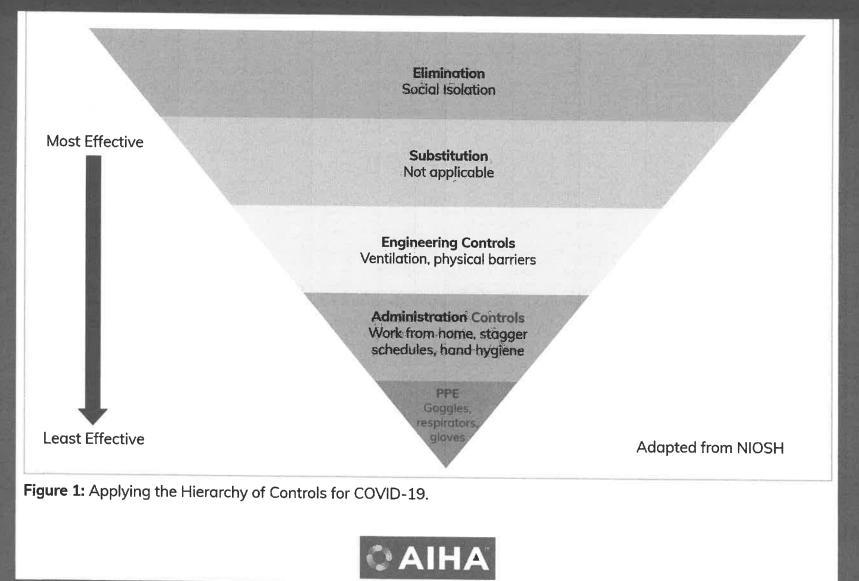
Guidance Document

aiha.org

Version 4 | September 9, 2020

September 9, 2020 Guidance on COVID-19 from AIHA

AIHA VERSION – Hierarchy of Controls



AlHA - Relative Risk Reductions

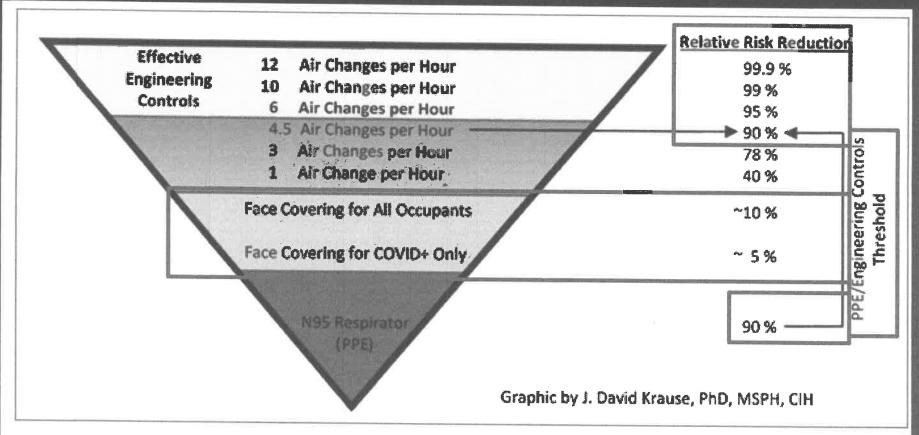


Figure 2*

*To learn how the relative risk reduction estimates were derived for Figure 2, download the <u>SUPPLEMENT</u> for Reducing the Risk of COVID-19 using Engineering Controls.



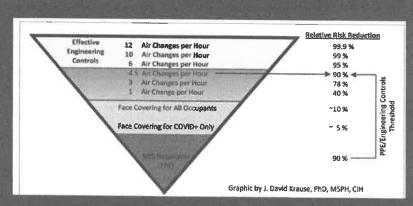
AlHA - What Does This Mean?

Exposure Controls <u>Must</u> Have a Relative Risk (RR) Reduction Threshold of 90%!

Masks only have RR of ~5% to ~10% and Do Not Meet 90% Threshold.

>6 ACH - Ventilation has RR of 90+%.

N-95s – *Maybe Not!*



AlHA - Mask Remarks

"While not evaluated in this study, face seal leakage is further known to decrease the respiratory protection offered by fabric materials. Aerosol penetration for face masks made with loosely held fabric materials occurs in both directions (inhaled and exhaled). Due to their loose fitting nature and the leakage that occurs even when a face mask is properly worn, a modifying factor of 25% was applied. (???)

AlHA - Mask Remarks

"The impact of typical leakage and frequent non-compliance with proper use and wear, is the basis for a generous estimate of 5-10% relative risk reduction for face masks and cloth face coverings."

AlHA - Concluding Remarks

...In light of the limited level of relative risk reduction offered by face coverings and masks the AIHA has recommended engineering controls be used to reduce the risk of exposure in indoor environments, which is anticipated to reduce the transmission of disease, even in nonhealthcare settings.

MERV >17 Filtration Systems Recommended.

OTHER NEGATIVE EFFECTS OF WEARING MASKS

Review

Is a Mask That Covers the Mouth and Nose Free from Undesirable Side Effects in Everyday Use and Free of Potential Hazards?

Kai Kisielinski ¹, Paul Giboni ², Andreas Prescher ³, Bernd Klosterhalfen ⁴, David Graessel ⁵, Stefan Funken ⁶, Oliver Kempski ⁷ and Oliver Hirsch ^{8,*}

OTHER NEGATIVE EFFECTS OF WEARING MASKS

Increased risk of adverse effects when using masks:

internal diseases

COPD

Sleep Apnea Syndrome advanced renal Failure

Obesity

Cardiopulmonary Dysfunction

Asthma

Pediatric Diseases

Asthma

Respiratory diseases

Cardiopulmonary Diseases

Neuromuscular Diseases

Epilepsy

Psychiatric iliness

Claustrophobia Panic Disorder

Personality Disorders

Dementia Schizophrenia helpless Patients

fixed and sedated Patients

Neurological Diseases

Migraines and Headache Sufferers Patients with intracranial Masses

Epilepsy

ENT Diseases

Vocal Cord Disorders

Rhinitis and obstructive Diseases

Occupational Health Restrictions

moderate / heavy physical Work

Dermatological Diseases

Acne Atopic **Gynecological** restrictions

Pregnant Women

Figure 5. Diseases/predispositions with significant risks, according to the literature found, when using masks. Indications for weighing up medical mask exemption certificates.

OTHER NEGATIVE EFFECTS OF WEARING MASKS

Abstract: Many countries introduced the requirement to wear masks in public spaces for containing SARS-CoV-2 making it commonplace in 2020. Up until now, there has been no comprehensive investigation as to the adverse health effects masks can cause. The aim was to find, test, evaluate and compile scientifically proven related side effects of wearing masks. For a quantitative evaluation, 44 mostly experimental studies were referenced, and for a substantive evaluation, 65 publications were found. The literature revealed relevant adverse effects of masks in numerous disciplines. In this paper, we refer to the psychological and physical deterioration as well as multiple symptoms described because of their consistent, recurrent and uniform presentation from different disciplines as a Mask-Induced Exhaustion Syndrome (MIES). We objectified evaluation evidenced changes in respiratory physiology of mask wearers with significant correlation of O_2 drop and fatigue (p < 0.05), a clustered co-occurrence of respiratory impairment and O2 drop (67%), N95 mask and CO2 rise (82%), N95 mask and O_2 drop (72%), N95 mask and headache (60%), respiratory impairment and temperature rise (88%), but also temperature rise and moisture (100%) under the masks. Extended mask-wearing by the general population could lead to relevant effects and consequences in many medical fields.

RESPIRATORS CAN BE FIT TESTED AND SEALED

Under OSHA, Respirators Intended as Respiratory Protection (29 CFR 1910.134)

Worst



N-95 (Worst)

1/2 Face/ Full Face







Air - Purifying





Supplied

-

Air

Best

30

EVEN SUPPLIERS OF N95s WARN AGAINST USE FOR AEROSOLS & INFECTIOUS DISEASE

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Conduct seal, do Dispose Particles such as those from grinding, sanding, sweeping, sawing, bagging, or processing minerals, coal, iron ore, flour, metal, wood, polien, and certain other substances. Liquid or non-oil based particles from sprays that do not also emit oil aerosols or vapors. Follow all applicable local regulations. For additional information on 3M use recommendations for this class of respirator please consult the 3M Respirator Selection Guide found on the 3M Personal Safety Division website at www.3M.com/respiratorselector or call 1-800-243-4630 in U.S.A. In Canada call 1-800-267-4414.

Do Not Use For

Do not use for gases and vapors oil aerosols, asbestos, or sandblasting; particulate concentrations that exceed either 10 times the occupational exposure limit of applicable government regulations, whichever is lower. In the U.S., do not use when the Occupational Safety and Health Administration (OSHA) substance specific standards, such as those for arsenic, cadmium, lead in the construction industry, or 4,4'-methylene diarriline (MDA), specify other types of respiratory protection. This respirator does not supply oxygen.

Biological Particles

This respirator can help reduce inhalation exposures to certain airborne biological particles (e.g. mold, Bacillus anthracis, Mycobacterium tuberculosis, etc.) but cannot eliminate the risk of contracting infection, illness or disease. DSHA and other government agencies have not established safe exposure limits for these contaminants.

This response according to provide the concentrations of contaminants are limited attely dangerous to life or health, are unknown or when concentrations exceed 10 times the permissible exposure limit (PEL) or according to specific OSHA standards or applicable government regulations, whichever is lower.

Do not alter, wash, abuse or misuse this respirator

Do not use with beards or other facial hair or other conditions that prevent a good seal between the face and the sealing surface of the respirator.

Respirators can help protect your fungs against certain airborne contaminants. They will not prevent entry through other routes such as the slot, which would require additional personal protective equipment (PPD. This respirator is designed for occupational/professional use by adults who are properly trained in their use and

limitations. This respirator is not designed to be used by children, indireduals with a compromised respiratory system, such as astrima or emphysiema, should consult a physician and must complete a medical evaluation prior to use.

when stored in accordance with temperature and humidity conditions specified the product may be used until the "use by" date specified on packaging.

lorage Conditions and Shelf Life

fore use, sions respirations in the original packaging, away from contaminated areas, dust, sunfight, extreme ripotrakins, excessive missister and damaging chemicals. When stored in accordance with temperature and humidity inditions specified the product may be used until the "use by date specified on packaging, Always inspect product and indust a user seal check before use as specified in these *User Instructions*. If you cannot achieve a proper seal, do it use the respiration.

 Σ

End of Shelf Life Use respirators before the "use by" date specified on packaging

Storage Temperature Range -20°C (-4°F) to +30°C (+86°F) Even an N95 Respirator is not recommended for larger asbestos particles, aerosols, or to stop illness or disease.

How can a mask do this? It CANNOT.

Shah et al., 2021 - Effectiveness of Masks

Physics of Fluids

ARTICLE

scitation.org/journal/phf

Experimental investigation of indoor aerosol dispersion and accumulation in the context of COVID-19: Effects of masks and ventilation

Cite as: Phys. Fluids 33, 073315 (2021); doi: 10.1063/5.0057100

Submitted: 17 May 2021 · Accepted: 2 July 2021 ·

Published Online: 21 July 2021







View Online

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InesMar

Yash Shah, (b) John W. Kurelek, (b) Sean D. Peterson, (b) and Serhiy Yarusevych^{a)} (b)

Shah et al., 2021 - Effectiveness of Masks

Abstract: Filtration Efficiencies:

- High-efficiency masks (R95 & KN95): 60% and 46% respectively.
- Cloth Masks (10%).
- Surgical masks (12%).

Not Conservative Because:

- Used 1 μm particles (COVID-19 ~0.1 μm).
- Sealed mask no gaps "Hole(y) Mask" Podcast.

Shah et al., 2021 - Effectiveness of Masks

Abstract: Engineering Controls Better:

The results also suggest that, while <u>higher ventilation</u> <u>capacities are required to fully mitigate aerosol build-up</u>, even relatively low air-change rates (2 h⁻¹) lead to lower aerosol build-up compared to the best performing mask in an unventilated space.

Note the use of the term "aerosol."

OSHA 29 CFR 1910.134 – Respiratory Protection Standard (RPS)

OSHA 1910.134 RPS Parameters	<u>/lask</u>	Respirator
Medical Clearance to Wear		Yes
Ability to Wear Facial Hair – Beard		No
Initial Fit Test Requirement		Yes
Annual Requirement to Fit Test		Yes
Change-out Criteria for Filter/Cartridge		Yes
Training on Use of Mask/Respirator	No	Yes
Training on Storage of Mask/Resp.		Yes
Audit of Effectiveness of Program		Yes

CONCLUSION: Masks do not meet key OSHA RPS Requirements!

CDC vs Petty

CDC:





Petty.

It's Always Been About the Little Guys (Aerosols - < 5 μm)



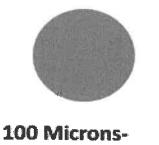
Visible Dust in Sunlight: >50 μm;

~500 times larger than COVID-19



RELATIVE SIZES OF PARTICLES

Thickness of Human Hair: ~100 µm



100 Microns-Strand of human hair

10 Microns-Size of typical dust mite 50 Microns-Smallest size the human eye can see

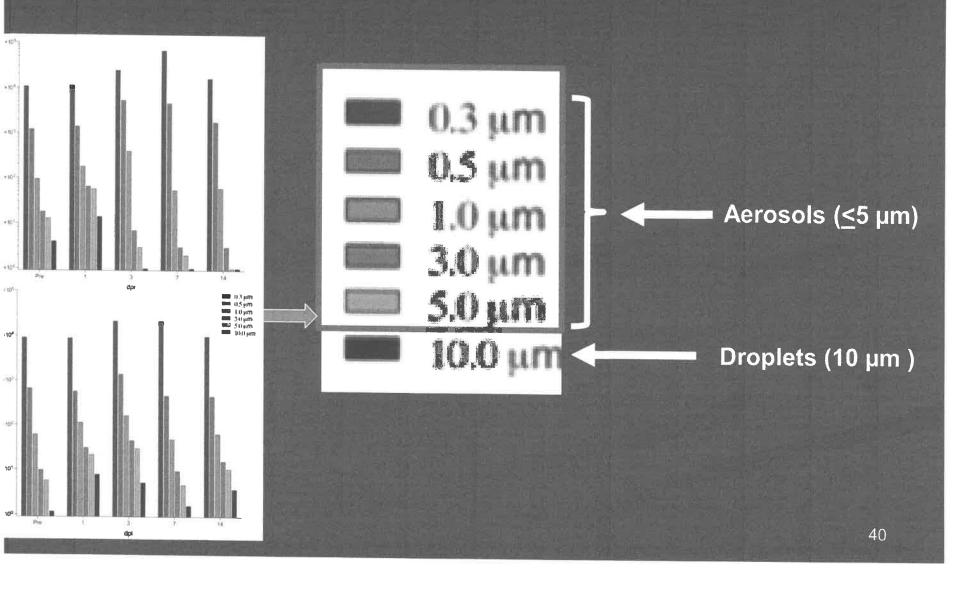
100 Microns- Thickness of a sheet of standard paper

Visible Dust: >50 μm;

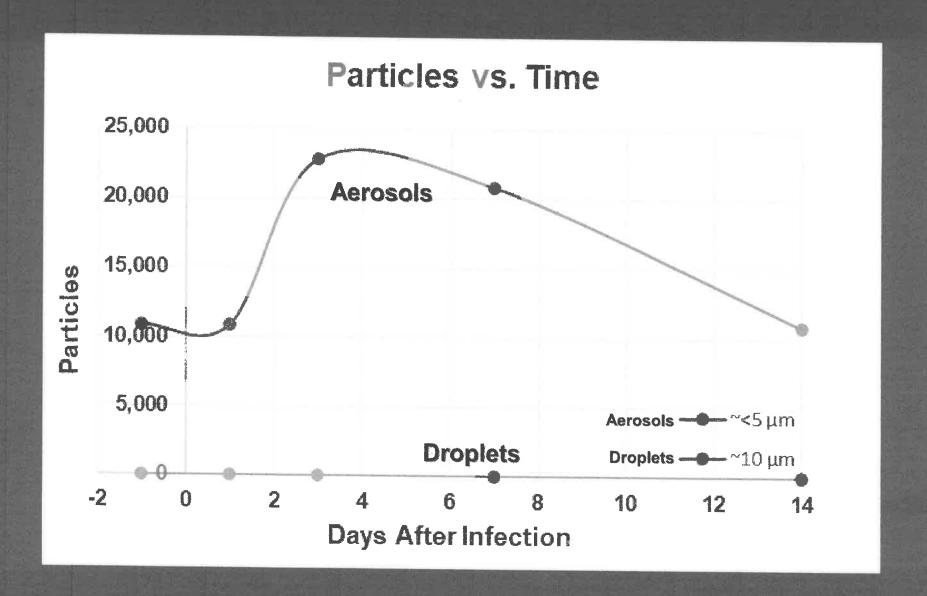
Thickness of Paper: ~100 µm

Edwards et al. - 2/23/2021 - Cont.

Data Presented by Size – in Colored Bars



Edwards et al. – Data Simplified



Edwards et al. - Data Simplified

>99.9% Particles were Aerosols (small guys)

	Aerosols	Droplets	% Aerosols
Day After Infection	~ <u>≤</u> 5 μm	~10 μm	% Sm all
-1	10,898	1.5	99.99%
1	10,900	9	99.92%
3	22,847	7	99.97%
7	20,847	3	99.99%
14	10,870	6	99.94%

RECALL LITTLE GUYS vs. BIG GUYS

"Big Guys" are Droplets: >5 to 10 µm

VS.



"Little Guys" are Aerosols: <5 µm

Little guys are more prevalent and problematic

Edwards et al. – 2/23/2021 Conclusions

Our finding that the proportion of <u>small respiratory droplets</u>

[were the majority of particles exhaled in all subjects]...

Proceedings from the National Academy of Sciences Press – Edwards et al. – 2/23/2021

CONCLUSIONS FROM THE PAPER:

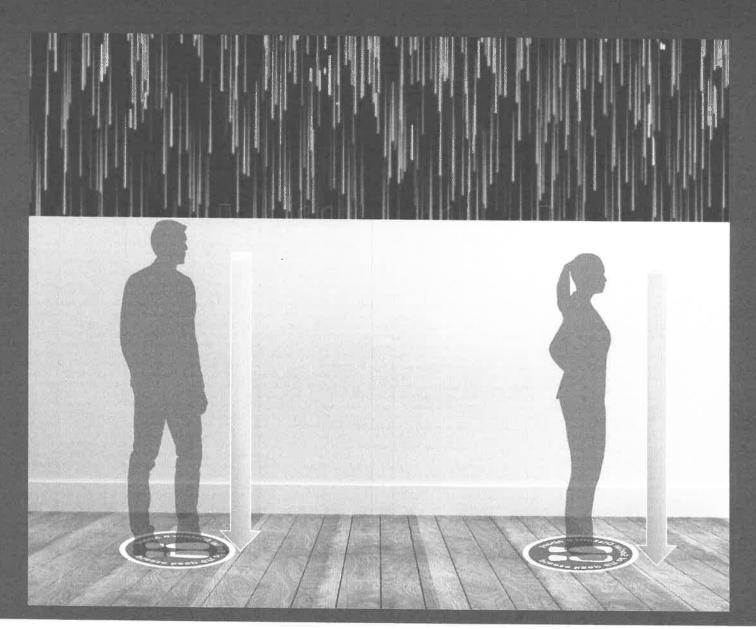
Our finding that the proportion of <u>small respiratory</u> <u>droplets (i.e., aerosols) [</u>
]....

There may be an elevated risk of the

transmission of SARS-CoV-2 by way of the very small droplets that transmit through conventional masks and traverse distances far exceeding the conventional social distance of 2 m (~7').

Exhaled not only an indicator of disease progression, but

45



Stokes Law – How Fast Do Small Particles Fall?

V_s = 0.0052 * Specific Gravity * Diameter ²

Where:

 V_s = Falling velocity in ft./min.

Specific Gravity - Density of the particle - virus is ~1.42

Diameter – Diameter of the particle in microns for particles <100 microns

Droplets fall fast – 0.1 to 10 minutes

Particle Size	Time to Fall 5'	
(µm)	(minutes)	
10	9.6	
25	1.5	
100	0.1	

Assumes still air; in moving air times would be even longer.

Aerosols Fall Slowly: 0.03 to 59 days

Particle Size	Time to Fall 5'	Type of
(µm)	(days)	Particle
0.09	58.9	COVID
0.12	46.4	COVID
0.2	16.7	Aerosol
1	0.67	
5	0.027	

COVID-19 Fall Very Slowly: 46.4 to 58.9 days

Assumes still air; in moving air times would be even longer.

WHY ARE AEROSOLS – SMALL PARTICLES SO IMPORTANT?

Aerosols (very small particles - <5 microns) can stay suspended for hours to days.

Since they stay suspended for so long, they can actually accumulate in concentration in indoor air rather than dropping out if you assumed they were droplets.

This effectively renders the 6' rule useless. This also renders masks essentially useless; they do not filter out aerosols and they cannot be fitted (gaps around the edges).

3.

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REAL INDUSTRIAL HYGIENE SOLUTIONS

EXPOSURE CONTROL - DILUTION BY VENTILATION OR MAXIMUM FRESH AIR

<u>Dilution of Virus by Dilution and/or</u> <u>Ventilation – More Fresh Air!</u>

- Spend More Time or Meet Outdoors condition of maximum fresh air and dilution of virus avoid indoors.
- Ventilation Residential and Commercial – Crack open windows or doors – especially with company.

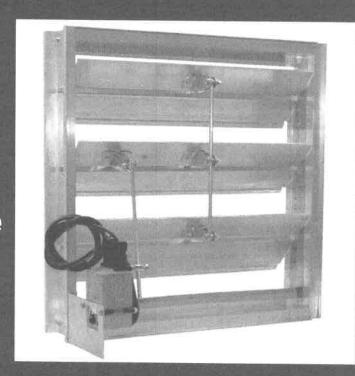




EXPOSURE CONTROL - DILUTION BY VENTILATION OR MAXIMUM FRESH AIR

<u>Dilution of Virus by Dilution</u> <u>and/or Ventilation – More Fresh</u> <u>Air!</u>

➤ <u>Ventilation</u> – Commercial and Industrial – Increase fresh air – set fresh air dampers to maximum openings on HVAC systems to maximize fresh air intake – over-ride energy controls – will increase energy costs.

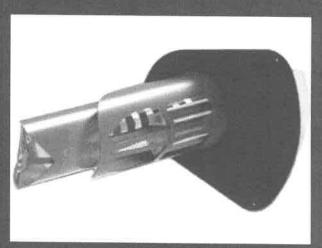


EXPOSURE CONTROL – DESTRUCTION OR REMOVAL OF VIRUS

Destruction or Removal:

- Needle Point Ionization Technology (e.g., Nu-Calgon I-Wave) – add to HVAC intake fans to kill viruses, mold, and bacteria (https://www.iwaveair.com/sites/def ault/files/17-S26-PathogensFlyer.pdf).
- Jonized Hydrogen Peroxide Systems (e.g., RGF's Reme Halo in-duct air purifier https://www.rgf.com/products/air/re me-halo/#undefined).

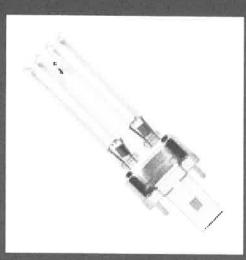




EXPOSURE CONTROL - DESTRUCTION OR REMOVAL OF VIRUS

Destruction or Removal:

- Ultraviolet-C (UVC) Lamps (https://www.fda.gov/medicaldevices/coronavirus-covid-19-andmedical-devices/uv-lights-and-lampsultraviolet-c-radiation-disinfection-andcoronavirus).
- Wery High Efficiency Filters (at least MERV-13 filters (https://www.ashrae.org/file%20library /technical%20resources/covid-19/guidance-for-the-re-opening-of-schools.pdf).





FOUR THINGS TO REMEMBER!

- 1. Personal Protective Equipment (PPE) is the least desirable way to protect people.
- 2. Masks are not PPE.
- 3. Scientific evidence suggests COVID-19 particles are mostly small aerosols not droplets, which means respirators, not masks, needed to protect the lungs and would make the 6' rule effectively meaningless.
- 4. Smaller particles are likely a greater cause of disease since they get past PPE and can reach deep into the lungs.

THANK YOU

Questions Please

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